

Mental Health First Aid

Adults Who Interact with Youth



Join over 38,500 Mental Health First Aiders across Canada and get certified

- Mood-related disorders
- Acute stress reaction
- Eating disorders
- Deliberate self-injury
- Substance-related disorders
- Anxiety and trauma related disorders
- Substance overdose
- Suicidal behaviour
- Panic attack
- Psychotic episode

75% of mental health problems develop before age 25

Next Training:

October 5th & 12th, 2016

9:00 AM—5:30 PM

Tyndale University College & Seminary
3377 Bayview Avenue (South of Steeles)

\$200 before Sep. 15th | \$180 for Tyndale Staff/ Alumni/ Full-time Students until Sep. 15th

Instructor

Adrienne Sequeira, MDiv, Registered Psychotherapist, Certified Psychoanalyst, Registered Nurse

Register

tyndale.ca/family-life/events

mentalhealthfirstaid.ca

Questions? Contact Amy Francis | afrancis@tyndale.ca



Mental Health First Aid CANADA

